

Restaurant Le Végétarium

Starter - Main course or Main course - Dessert €24

Starter - Main course - Dessert €29

Starters

On the spot **€8**

Take away **€7**

  **Salad of pineapple**, cucumber, tomato, sweetcorn, feta cheese, red onion, red beans, jalapeno and lime

 **Duo of gaspachos** of fruit and vegetables of the moment

 **Ceviche**, lime marinated **fresh fish** with condiments

 **Peruvian causa**. Crushed potato salad and wafer thin charolais beef with chia seeds

Starter of the day

Main courses

On the spot **€18**

Take away **€17**

 **Vegan couscous** of seasonal vegetables and semoule with raisins

 **Aubergine stuffed** with vegetable caviar and served with chick peas in a sweet and sour sauce

Red Label salmon slices served on stir-fried asian style vegetables and rice noodles

 **Beef brochette**, chimichurri herb salsa and patatas bravas. Green salad

Dish of the day

QUICK EATS

On the spot Take away

 **Caesar's salad with anchovy** (egg, croutons, parmesan) shavings and sliced free-range chicken breast

€14

€12

  **Roast summer** vegetable tart with pesto and green salad

€12

€10

Hamburger (beef or vegetarian) with cheddar tomato and roscoff onions served with fries and garlic mayonnaise

€14

€12

  **Home smoked and marinated fish salad** with pink grapefruit and crispy vegetables

€12

€10

 Vegetarian  Vegan  Available throughout the day 10 a.m to 7 p.m

 **Jalapeno** : small spicy mexican chili

 **Sauce chimichourri** : Slightly spicy sauce



MAISON YVES ROCHER

FONDÉE EN 1959

Restaurant Le Végétarium

Desserts

On the spot €8

Take away €7

🕒 A selection of locally made artisanal cheeses

🕒 Coffee or tea "gourmand" (+€1)

Light cheesecake in a verrine, with spiced biscuit and fruit coulis

Pineapple carpaccio in a lime and basil syrup with mint marinated strawberries

🕒 Venezuelan organic dark chocolate mousse cake with crunchy buckwheat and a red fruits coulis

Dessert of the day



CHILDREN'S MENU

On the spot €11.50

Take away €10.50

Main courses

Roast filet of free-range chicken and herb roasted potatoes

or

🌱 Vegan couscous and semoule with raisins

Desserts

dark chocolate brownie with hazelnuts

or

Local strawberries

New

LE VEGETARIUM TAKE AWAY !

Order online maisonyvesrocher.shop-and-go.fr
or by phone 02 99 08 37 37

Take away from Monday to Sunday from 10 a.m to 2:30 p.m
and Friday and Saturday evenings from 7 p.m to 9:30 p.m

Your health, our priority!

The whole team is ready to welcome you safely according to health rules.



Le Végétarium is a member of 1% for the Planet and, as such, contributes 1% of its revenue to environmental associations.



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Net prices & tip included

🌱 Vegetarien 🌱 Vegan